



**St. Mark UMC Martial Arts Ministry News**  
-administered by East Sea Martial Arts™ (since 2005)

*“We are martial artists for...*

*...peace ...love ...betterment ...others ...Christ”*

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**CONGRATULATIONS TO...**

**MR. JOSHUA E. MASON**  
**2009 East Sea Martial Arts™ Instructor-of-the-Year**  
**Award Winner**

For his teaching proficiency, enthusiasm, and hard work and dedication, and serving as an excellent role model for and leader of his fellow students, Mr. Mason (*East Sea Martial Arts™ Assistant Instructor, East Sea Martial Arts™ and St. Mark UMC Martial Arts Program Senior Student, and St. Mark UMC Elite Demonstration and Tournament Team Captain*), a sophomore at Jones College Prep, has been selected as the “2009 East Sea Martial Arts™ Instructor-of-the-Year Award Winner.” He is the first recipient of this prestigious award.

**&**

**MR. SPENCER K. SLATON**  
**2009 East Sea Martial Arts™ Student Achievement**  
**Profile-of-the-Year Award Winner**

For his academic achievements, development of unique language and cultural skills and expertise, efforts to promote cross-cultural understanding and tolerance with his dynamic, multi-media presentation and exhibit - “To China and Back” - and serving as an excellent role model for and leader of his fellow students, Mr. Slaton (*East Sea Martial Arts™ Assistant Instructor, East Sea Martial Arts™ and St. Mark UMC Martial Arts Program First Assistant Senior Student, and St. Mark UMC Elite Demonstration and Tournament Team Captain*), a senior at Jones College Prep, has been selected as the “2009 East Sea Martial Arts™ Student Achievement Profile-of-the-Year Award Winner.” He is the first recipient of this prestigious award.

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***Won't You Join LWGFT***  
***(Lose Weight and Get Fit, Together (SM))?:***  
***St. Mark UMC 1,000 lb. Challenge--***

***By August 31, 2010, we are challenging up to 50 St. Markers and Friends of St. Mark to healthily lose an average of 20 lbs. or more, keep it off, and enjoy the benefits, together...***

**Last Week a total of 4.6 lbs. was lost (w/ 5 members weighing in).**

**Next class meets Monday, November 16 @ 6 p.m.**

**Classes normally meet on Mondays @ 6 p.m.  
(Weigh-In and Exercise Space available from 5:30 p.m.)**

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***Special thanks to our***

**INTERNATIONAL and Domestic Tournament, Special Training, and Travel All-Stars, and all who have supported the Martial Arts Ministry through the purchase of “Fine Products” and / or Taffy Apples!**

**UPCOMING EVENTS (Partial List)**

**Little Dragons Rank Promotion Testing 12/05\*  
(11 a.m., 2<sup>nd</sup> Floor Fellowship Hall)**

**L.A.C.E.S. Korean Language and Culture Day (Re-scheduled)  
& Worship Demo Team Demonstration  
First Korean U.M.C. (Wheeling, IL) 12/06\***

**24<sup>th</sup> Rank Promotion Testing: White – Orange Belts 12/15\*,  
Green – Black Belts 12/17\* (Mr. Mason, a 1<sup>st</sup> Degree Black Belt in Tae Kwon  
Do, is scheduled to test for the 1<sup>st</sup> Degree Black Belt in Hapkido.)  
(6:30 p.m., 2<sup>nd</sup> Floor Fellowship Hall)**

**4<sup>th</sup> Annual Christmas & Kwanzaa Celebration 12/22\*  
(6 – 8:30 p.m., 2<sup>nd</sup> Floor Fellowship Hall)**

**The St. Mark United Methodist Church Martial Arts Ministry  
Quintessential 5<sup>th</sup> Anniversary Celebration  
Saturday, February 20, 2010\*  
PLEASE, SAVE THE DATE!**

**\*Please, join us.**

**2009 Memorial Leaf Members**

**Mr. Benjamin Lites (Mrs. Beatrice M. Lites & Family – Silver)**

**Mr. Jack Hall, Sr. (Mrs. Naomi Hall)**

**Mr. Anthony Ball (Martial Arts Ministry)**

**2009 INTERNATIONAL Tournament, Special Training, and Travel All-Stars**

*(2008 / 2009 Tree Keeper, plus \$100 or more allotted to Tournament, Special Training, and Travel Fund Drive or 2008 / 2009 New Tree Member with \$100 or more allotted to Fund Drive)*

*G.P.S. Brooks, Celena Clay, Albert & Stephanye Coleman, Birdge & Dr. Sandra Givens, Judge Orville E. & Brenda Hambright, Raymond T. Hightower, Jerry & Mattie Houston, Eula Johnson, Charles & Delores Kendrick, Dr. Sherald Leonard, John & Betty Lewis, Jr., Fayette V. Martin, Derrick & Samantha Mitchell, The Pembrokes, Otis & Sharon E. Pope, Lois & Molette Randle, Hinda Smith-Roseman, Earl & Joan Sanders, Timothy L. Willis, Lester Wright, and Dewey C. & Georgia M. Young*

**2009 Domestic Tournament, Special Training, and Travel All-Stars**

*(2008 / 2009 Tree Keeper, plus \$50 or more allotted to Tournament, Special Training, and Travel Fund Drive or 2008 / 2009 New Tree Member with \$50 or more allotted to Fund Drive)*

*Anonymous II, Dorothy Cressie, Leiana S. Gary, Deborah D. Henry, Joseph D. LaRue, Rayburne & Carolyn Lawrence, Dr. Herman L. & Laura Morgan, Regeta Slaughter, and Cornelius & Ethel Young*

**2009 TREE KEEPERS and NEW FOUNDERS TREE MEMBERS:**

*Joyce J. Akridge, Anonymous III, Eli Armstrong, Geneva Bell, Celena Clay, Verniece Cloud, Albert & Stephanye Coleman, Catherine B. Colvin, Dr. Jacqueline Folks & Family, Birdge & Dr. Sandra Givens, Judge Orville E. & Brenda Hambright, Charles & Delores Kendrick, Bertha King, Rayburne & Carolyn Lawrence, Dr. Sherald Leonard, John & Betty Lewis, Jr., Fayette V. Martin, Derrick & Samantha Mitchell, The Pembrokes, Lois & Molette Randle, Hinda Smith-Roseman, Timothy L. Willis, Vantress & Mary J. Willoughby, Lester Wright, and Dewey C. & Georgia M. Young*

**2009 ROBERT E. LEE, SR.**

**MEMORIAL ENDOWMENT TREE CONTRIBUTORS:**

*G.P.S. Brooks, and Marcellus Stamps, Jr.*

**2009 OTHER REGISTERED FOUNDERS TREE CONTRIBUTORS:**

*Theresa Boone, Annee Campbell, Gary Gunter, Rev. Fernando Carrasco & Rev. Kathy Taylor, Lillia Hightower, Janese E. Thomas, Yvonne Tuck, Gussie Washington, Eloys Watson and Yolanda N. Ross Weaver*

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**The St. Mark UMC Martial Arts Ministry is made possible, in part, by a grant from the United Methodist Foundation of the Northern Illinois Conference.**